



TECHNICAL SHEET

*mandorle*  
**sgusciate**

RAW SHELLED ALMONDS



# mandorle sgusciate

RAW SHELLD ALMONDS

**CULTIVAR** Filippo Cea

**INGREDIENTS** Shelled almonds

**ALLERGENS** Dried nuts

**GEOGRAPHICAL AREA OF PRODUCTION** Province of Bari, Puglia, Italy

**ALTITUDE OF ALMOND GROVES** 200/380 meters above sea level, on the border between pre-Murgia and Alta Murgia

**HARVEST PERIOD** From the end of August to the beginning of October

**HARVEST TECHNIQUE** Manual or with the aid of mechanical facilitators

**HULLING** Mechanic

**DRYING AND STORAGE** Sun drying on nets; storage, in shell, in perforated boxes

**SHELLING AND SELECTION** Mechanical peeling and manual selection of the fruit

*Physical and chemical details*

**COLOR** Dark oca

**TWINS** about 30%

**CALIBER** Customizable

**IMPURITY** Free from plant pieces, from insects (alive and dead), from insect pieces and animal impurities

**HUMIDITY** 7.0%

**STORAGE MODE** In a cool and dry place at temperatures from + 6 ° C to + 14 ° C, away from light and heat sources

**SHELF LIFE** 12 months

**PACKAGING**

80g - 170g - 500g (vacuum) - 1kg (vacuum)

**USE** Ideal to be consumed naturally. Suitable for all uses of cooking and pastry, excellent for the production of toasted grains and nougats.

**TASTING NOTES** Intense flavour of casein with an elegant finish followed by a remarkable persistence in the mouth. Perceptions due to the richness of almond in essential oils (59.57% of which almost 74% is represented by oleic acid, followed by 18.6% of the inoleic acid and 5.5% of palmitic acid) . Full and balanced palate with remembrance of wheat and white flowers.

VALORI NUTRIZIONALI PER 100g

NUTRITIONAL VALUES FOR 100g

Energia (Energy) 2523 KJ 603 Kcal

Grassi (Fat) 54 g

di cui ac. grassi saturi (Saturated fat) 4,2 g

Carboidrati (Carbohydrate) 25,8 g

di cui zuccheri (Sugars) 3,7 g

Fibre (Dietary fiber) 12 g

Proteine (Protein) 22 g

Sale (Salt) 0,02 g

## Nutrition Facts

Serving per container: 2,86<sup>1</sup>

Serving size (28g) 10z

Amount per serving

**Calories 169**

% Daily Value\*

**Total Fat** 15,1g 23,26%

Saturated Fat 1,2g 5,88%

**Cholesterol** 0g 0%

**Sodium** 3,9mg 0,16%

**Total Carbohydrate** 7,2g 2,41%

Dietary Fiber 3,4g 13,48%

Sugars 1,0g

**Protein** 6,2g

Vitamin A 0%

Vitamin C 0%

Calcium 7%

Iron 6%

\* Percent Daily Value are based on a 2000 calorie diet

<sup>1</sup>Number of servings based on a 80g pack

